



3 pin 75 mm nordic norm bindings have been around for many years and still have utility today. New nordic norms have since been developed such as NNN and NTN, but 75mm norm is still strong.

3 pin bindings retain the boot in the binding with 3 vertical protruding pins from the base of the binding. These pins align with holes in the sole of the boot and prevent the boot from sliding out of the binding.

Burnt Mtn improved on this technology in 2002 when we introduced the Telebulldog step-in 3 pin binding that holds the boot very tightly and improved the performance of this traditional technology.

Further improvements such as 6 hole mounting pattern, and refined parts and materials has led to the SPIKE 3pin binding.

Because 3 pin bindings only grasp the boot at the toe, the flexing characteristics of the telemark boot have increased importance in the performance of this system. Years ago, I discovered that the Crispi CXU telemark boots had the best combination of soft bellows and torsional rigidity to provide an excellent ride with the Telebulldog 3 pin.

With changes in skiing technology, the 3 pin bindings generally have found their best utility on textured base touring skis (fish scale skis) in combination with lighter telemark boots. This provides a convenient step-in set up for those day romps in rolling, snowy terrain.

There are many skiers that like the feeling of a completely free heel, and still prefer to use 3 pin telemark binding on the slopes. It is definitely more challenging to ski lift service with 3 pin and it keeps you on your toes! But the speed and lightness of the set up is hard to match.

Cheers

Louis

cheers

Louis