



The SPIKE NT toe box is interchangeable with the 75 mm norm toe box. The SPIKE tour can be assembled with either toe box. My touring skis are all mounted NTN, but essentially the same binding as the 75 mm SPIKE Tour. It is possible to [swap out NT toe box for 75 mm](#) on the same bindings. But you need to be handy, and take the time to set the crossbar screws in epoxy so they do not loosen. And carefully [reattach the heel assembly to the toe box](#) (very important that this is done correctly- [video instructions](#)).

cheers

Louis