These instructions describe the use of the step in heel attachment.



Picture above shows the NTbulldog with the heel attachment.



The heel throw of the RTbulldog is designed to allow the heel of the boot to slide down its face into a seated position. The spring inside the tube allows the throw to slide back with downward pressure from the heel of the boot.



Heel throw properly seated after stepping down.

on the top of the heel throw with a ski pole.



The heel should be adjusted so that the heel of the boot strikes the face of the bulldog. If you want more preload adjust the heel strike higher on the bulldog face.



To change the position of the heel throw along the tube, loosen the bottom bracket screw, and slide the heel throw along the tube by gently turning the heel back and forth on the tube. Be careful not to twist and weaken the spring bar inside the tube while doing this.



Once the heel throw is in the correct length position, align it vertically and tighten the bracket screw.